

Dansk Psykolog Forening

KURSUSBEVIS

Det bekræftes at:
Klaus Bertel
har gennemført kurset

Depressionsbehandling med IPT - Interpersonal Psykoterapi

Den 28. januar 2009

Indhold:

Interpersonal Psychotherapy (IPT) as developed by Drs. Klerman and Weissman, is an evidence based model of time limited psychotherapy that has proven effective in helping adults, geriatric populations and adolescents with depression. This model has been adapted to treat clients with eating disorders, post-partum depression, medical illness including HIV and cardiac problems, personality disorders and social anxiety.

In this workshop, the participants will learn:

1. To identify major components of the IPT approach to the treatment of depression.
2. Outcomes from randomized trials of IPT for the treatment of depression.
2. The rationale for utilizing an IPT approach with a depressed population.
3. To identify the strengths and limitations of the IPT approach.

Antal undervisningstimer: 6

Undervisere:

Dr. Ronald Frey, Ph.D.

Ny ordning

Kurserne er godkendte af følgende fagnævn:

Klinisk børnepsykologi under emneområde 6.4.4.2.3, Psykoterapeutisk metoder

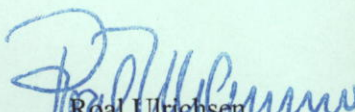
Sundhedspsykologi børn/voksne under emneområde 11.4.4.2.2, Intervention i det kliniske arbejde

Psykoterapi børn/voksne under emneområde 12.4.4.2.3, Anden teoretisk referenceramme

Psykopatologi under emneområde 13.4.4.2.3, Behandling

Psykotraumatologi under emneområde 14.4.4.2.4, Valgfri del

Gerontopsykologi under emneområde 16.4.4.2.2.3, Intervention


Røal Ulrichsen
Formand