



FORSVARET



VETERANCENTERET

# Kursusbevis

---

## Klaus Berthel

har gennemført kurset

### Treating Traumatized Veterans and Serving Soldiers

Dato 11.-12. oktober 2012

Indhold The course introduced a phase-based treatment approach, adapting evidence-based treatment for complex PTSD. Participants were presented to formulation skills and learned how to determine when a patient is ready for the next phase of treatment. The phases were “*stabilisation*”, “*addressing trauma memories*” and “*moving forward*”. Participants was introduced to clinical skills in each of the three phases of treatment. The course also considered the complexity of typical clinical presentations and supported participants in assessing co-morbidity, substance misuse and clinical, social and forensic issues.

The teaching focused on development using a combination of didactic teaching, group discussions, DVD-presentations and experiential learning. Particular emphasis were placed on developing skills in working with shame, guilt and anger. Participants were also introduced to compassion focus therapy.

*Kurset er godkendt af Psykoterapeutisk Fagnævn i emneområde specialistuddannelserne på voksenområdet i psykoterapi: 12.4.4.2.3. = 12 timer . samt af Psykotraumatologisk fagnævn i psykotraumatologi: 14.4.4.2.2.2 =12 timer*

---

Underviser Deborah Lee: MSc. Clin.psychology & Clin.psych.D.

Sted Militærpsykologisk Afdeling, Veterancenteret. Garnisonen 1, 4100 Ringsted

Ringsted d. 12.04.2013

---

Dorthe Annelise Lippert  
Cand.psych, Specialist i psykoterapi  
Kursusansvarlig